

Supper Shelf-Stable Meals - Nutritional and Allergens

Cold Supper																	
Menu Item	Egg	Milk	Soy	Wheat	Fish	Peanuts	Tree nuts	Crustacean Shellfish	Calories (Kcal)	Carb (g)	Fat (g)	Sfat (g)	Chol (mg)	Na (mg)	TDF (g)	Sugars (g)	Pro (g)
Shelf Stable Apple Cinnamon Dip & Cinnamon Grahams - 10530		✓	✓	✓					510	81	16	8	25	514	7	47	13
Shelf Stable Apple Cinnamon Dip & Rumbles - 10531		✓		✓					580	85	22	3	0	194	10	45	12
Shelf Stable Hummus Red Pepper Dippers & Cheese - 10532		✓		✓					480	72	17	8	25	794	6	36	13
Shelf Stable Hummus, Goldfish & Cheese - 10861		✓		✓					430	50	20	8	25	835	5	23	13
Shelf Stable Sunbutter and Jelly Dipper - 10534		✓	✓	✓					615	77	28	9	25	589	7	49	16
Shelf Stable Tuna & Pretzels - 9459	✓	✓		✓	✓				530	46	27	4	35	570	5	21	26
Shelf Stable Tuna Lemon Pepper & Crackers - 9462	✓			✓	✓				440	60	13	2	35	579	4	34	20
Shelf Stable Tuna Sweet & Spicy - 9464				✓	✓				480	55	19	3	30	675	5	28	24